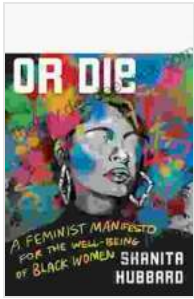


# A Feminist Manifesto for the Well-being of Black Women: Addressing Systemic Oppression and Advocating for Empowerment



The well-being of Black women has been historically and systematically compromised by the intersections of racism, sexism, and classism. This intersectionality has resulted in pervasive disparities in health, education, employment, and other key life outcomes. To address these disparities and promote the flourishing of Black women, a feminist manifesto is needed. This manifesto outlines a comprehensive set of principles and actions that aim to dismantle systemic oppression and create a more just and equitable society for Black women.



## Ride or Die: A Feminist Manifesto for the Well-Being of Black Women

by Dr. Purnendu Bikash Sarkar

★★★★★ 5 out of 5

Language : English

File size : 469 KB

Text-to-Speech: Enabled

Screen Reader: Supported

Print length : 256 pages



### Principles

- **Anti-racism:** We believe that racism is a fundamental cause of the oppression of Black women and that it must be dismantled in all its forms. We commit to actively challenging racist ideas and practices and to advocating for policies that promote racial justice.
- **Anti-sexism:** We believe that sexism is a fundamental cause of the oppression of Black women and that it must be dismantled in all its forms. We commit to actively challenging sexist ideas and practices and to advocating for policies that promote gender equality.
- **Intersectional feminism:** We believe that the experiences of Black women are unique and that they cannot be fully understood or addressed without taking into account the intersections of race, gender, class, and other forms of identity. We commit to using an intersectional lens in all our work.
- **Self-determination:** We believe that Black women have the right to make decisions about their own lives and bodies. We commit to supporting the self-determination of Black women and to advocating

for policies that respect their reproductive rights, economic security, and physical and mental well-being.

- **Empowerment:** We believe that Black women are capable of achieving great things and that they should be given the resources and opportunities to do so. We commit to empowering Black women through education, mentorship, and leadership development.

## **Actions**

To achieve these principles, we propose the following actions:

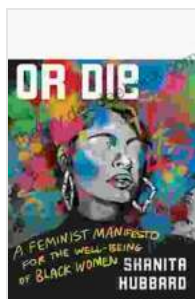
1. **Increase representation:** We call for increased representation of Black women in all spheres of society, including government, business, media, and education. This representation is essential for ensuring that the voices and experiences of Black women are heard and valued.
2. **Address the pay gap:** We call for an end to the pay gap between Black women and white women. This gap is a glaring example of the systemic racism and sexism that Black women face. We support policies that promote equal pay for equal work.
3. **Guarantee access to healthcare:** We call for guaranteed access to affordable, quality healthcare for all Black women. This includes access to reproductive healthcare, mental healthcare, and other essential services. We support policies that expand healthcare coverage and reduce the cost of healthcare.
4. **Reform the criminal justice system:** We call for the reform of the criminal justice system, which disproportionately impacts Black women. This includes reducing mass incarceration, ending racial profiling, and investing in community-based solutions to crime. We

support policies that promote restorative justice and reduce the harms caused by the criminal justice system.

5. **Invest in education:** We call for increased investment in education for Black women. This includes early childhood education, K-12 education, and higher education. We support policies that make education more affordable and accessible for Black women.

This feminist manifesto is a call to action for all who believe in the well-being of Black women. We must work together to dismantle the systemic oppression that Black women face and to create a more just and equitable society. By embracing the principles and actions outlined in this manifesto, we can create a world where Black women can thrive.

**#BlackWomenMatter #Feminism #Intersectionality #Wellbeing  
#Empowerment**



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