

# Here's Why You Keep Choosing the Wrong Guy

Are you tired of dating the wrong guys? Do you wonder why you keep making the same mistakes? You're not alone. Many women find themselves in this situation. But the good news is that there are some things you can do to break the cycle and find the right guy.



## Ladies: Here's Why You Keep Choosing The Wrong

**Guy** by Mary Potter Kenyon

★★★★☆ 4.2 out of 5

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The first step is to understand the reasons why you might be choosing the wrong guy. Here are some common factors:

1. **You're not clear on what you want.** If you don't know what you're looking for in a partner, you're more likely to end up with someone who isn't right for you. Take some time to think about what's important to you in a relationship. What are your values? What are your goals? What kind of person do you want to be with?

2. **You're settling.** Sometimes, we settle for someone who isn't right for us because we're afraid of being alone. Or, we may think that we don't deserve anything better. If you're settling, you're not going to be happy in the long run. It's better to be single than to be with someone who doesn't make you happy.
3. **You're ignoring the red flags.** Red flags are warning signs that someone is not right for you. They can include things like:
  - Being emotionally unavailable
  - Having a history of cheating or abuse
  - Being controlling or possessive
  - Having different values or goals than you

If you're ignoring the red flags, you're setting yourself up for heartbreak.

4. **You're not communicating your needs.** If you're not communicating your needs to your partner, they're not going to be able to meet them. This can lead to resentment and conflict. Be clear about what you want and need in a relationship. And don't be afraid to ask for what you want.
5. **You're not compatible.** Compatibility is important in a relationship. You need to find someone who shares your values, goals, and interests. If you're not compatible with your partner, you're not going to be happy in the long run.
6. **You have low self-esteem.** If you have low self-esteem, you may be more likely to choose partners who are not good for you. You may

think that you don't deserve anything better. Or, you may be afraid of being alone. Work on building your self-esteem so that you can attract healthy, supportive partners.

If you're tired of choosing the wrong guy, it's time to make a change. Start by understanding the reasons why you might be making the same mistakes. Then, take steps to address those issues. Be clear on what you want in a partner. Don't settle for someone who isn't right for you. Pay attention to the red flags. Communicate your needs. Find someone who is compatible with you. And build your self-esteem.

Breaking the cycle of choosing the wrong guy takes time and effort. But it's worth it. When you find the right guy, you'll be so glad that you didn't give up.



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