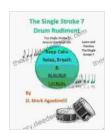
## The Single Stroke Drum Rudiment: A Comprehensive Guide

The single stroke drum rudiment is one of the oldest and most widely used rudiments in drumming. It is believed to have originated in the military, where it was used as a basic training exercise for drummers. The rudiment was later adopted by civilian drummers, and it has since become a staple of drumming education.

The single stroke drum rudiment is played by striking the drum with a single stroke of the stick. The stick should be held between the thumb and index finger, and the wrist should be relaxed. The stroke should be made with a downward motion, and the stick should rebound slightly off the drumhead.

The single stroke drum rudiment can be played with either hand. The right hand is typically used for the downstroke, and the left hand is used for the upstroke. However, it is also possible to play the rudiment with a single hand, using a technique called "double stroking."



#### The Single Stroke 7 Drum Rudiment : The Single Stroke 7 Around the Drum Set (Drum Rudiments)

by D. Mark Agostinelli

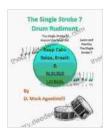
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Print length : 102 pages
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There are many variations of the single stroke drum rudiment. Some of the most common variations include:

- Double stroke: The double stroke is a variation of the single stroke drum rudiment that is played with two strokes of the stick. The first stroke is a downstroke, and the second stroke is an upstroke.
- Triple stroke: The triple stroke is a variation of the single stroke drum rudiment that is played with three strokes of the stick. The first stroke is a downstroke, the second stroke is an upstroke, and the third stroke is a downstroke.
- Four stroke: The four stroke is a variation of the single stroke drum rudiment that is played with four strokes of the stick. The first stroke is a downstroke, the second stroke is an upstroke, the third stroke is a downstroke, and the fourth stroke is an upstroke.
- **Five stroke:** The five stroke is a variation of the single stroke drum rudiment that is played with five strokes of the stick. The first stroke is a downstroke, the second stroke is an upstroke, the third stroke is a downstroke, the fourth stroke is an upstroke, and the fifth stroke is a downstroke.

The single stroke drum rudiment is a versatile rudiment that can be used in a variety of drumming applications. It can be used as a basic building block for more complex rudiments and drum patterns, and it can also be used as a valuable exercise for developing coordination, speed, and accuracy.

The single stroke drum rudiment is a fundamental part of drumming, and it is an essential rudiment for any drummer to master. By practicing this rudiment regularly, you can improve your coordination, speed, and accuracy, and you can develop a solid foundation for your drumming.

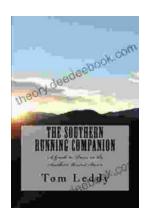


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